

| Deltagerstatistik<br>Træningsløb 2026<br>Herning OK |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    |                |                    |
|-----------------------------------------------------|------------------|------------------|--------------|---------------|--------------------|-----------------|-------------------|-------------------|----------------|------------------|------------------|-----------------|----------------|--------------|--------------|----------------|--------------------|-------------------|---------------|----------------|-----------------|--------------------|-------------------|-----------------------|----------------------|------------------|----------------------|--------------------|----------------|--------------------|
|                                                     | 3/1 Videbæk Vest | 7/2 Herning Nord | 28/2 Torsted | 14/3 Birkebæk | 21/3 Hoverdal Midt | 28/3 Hørbylunde | 7/4 Brejning Krat | 14/4 Nørlund Nord | 21/4 Haunstrup | 28/4 Løvbakkerne | 5/5 Sdr. Felding | 19/5 Ikast Nord | 9/6 Knudsmosen | 16/6 Lundbak | 23/6 Skelhøj | 4/8 Hørbylunde | 11/8 Hoverdal Vest | 18/8 Bødskov Krat | 25/8 Mornhøje | 19/9 Haunstrup | 4/10Nørlund Syd | 17/10 Hoverdal Øst | 31/10 Nørlund Syd | 14/11 Harridhede Nord | 21/11 Nørlund Sydøst | 5/12 Løvbakkerne | 12/12 Harrilhede Syd | 19/12 Nørlund Nord | Løb i alt 2026 | Gennemsnit pr. løb |
| Agnes Søndergaard                                   | 1                |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 2              |                    |
| Alex Heldgaard Kristensen                           |                  | 1                |              | 1             |                    |                 | 1                 |                   |                | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Alex Lykkegaard                                     |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Alfred Søndergaard                                  | 1                |                  |              | 1             |                    |                 |                   |                   |                |                  |                  |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 3              |                    |
| Anders Gammelvind                                   | 1                |                  |              |               | 1                  |                 | 1                 | 1                 | 1              |                  | 1                |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 7              |                    |
| Anne Abildgaard Andersen                            |                  |                  |              |               | 1                  |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Anni Jensen                                         |                  |                  |              |               |                    |                 |                   |                   | 1              |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Asger Kristensen                                    | 1                | 1                | 1            | 1             | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 15             |                    |
| Bitten Nielsen                                      | 1                |                  | 1            | 1             | 1                  | 1               |                   | 1                 |                |                  | 1                |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 6              |                    |
| Bjørn Garsdal                                       |                  |                  | 1            |               | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 12             |                    |
| Bjørn Hansen                                        |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Bodil Schulz                                        |                  |                  |              |               |                    |                 | 1                 |                   |                |                  |                  |                 |                |              |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 2              |                    |
| Brian Nielsen                                       |                  |                  |              |               |                    |                 |                   | 1                 | 1              | 1                |                  | 1               |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 4              |                    |
| Elin Jørgensen                                      |                  |                  |              | 1             |                    |                 |                   | 1                 |                | 1                |                  |                 |                |              | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Erik Brixen                                         |                  |                  | 1            | 1             |                    | 1               |                   |                   | 1              |                  |                  |                 |                |              |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Flemming Jensen                                     |                  |                  |              | 1             | 1                  | 1               |                   |                   |                |                  |                  |                 |                |              |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 4              |                    |
| Flemming Sasser                                     |                  |                  | 1            |               | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Frede Rasmussen                                     | 1                | 1                |              | 1             |                    | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Gitte Isen                                          | 1                |                  | 1            |               | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Heine Glüsing                                       | 1                |                  |              |               |                    | 1               |                   | 1                 | 1              | 1                | 1                | 1               |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Helle Petersen                                      |                  |                  |              | 1             |                    | 1               | 1                 | 1                 | 1              |                  | 1                | 1               |                | 1            |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 7              |                    |
| Henriette Nygaard                                   | 1                |                  |              |               | 1                  |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 2              |                    |
| Henrik Juhl                                         | 1                |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Jan Noer Baandrup                                   |                  |                  |              |               |                    | 1               | 1                 |                   | 1              |                  | 1                |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 4              |                    |
| Jens Gammelvind                                     |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Jens Jørgen Jensen                                  |                  |                  |              |               |                    |                 |                   |                   | 1              |                  |                  |                 |                | 1            | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 3              |                    |
| Jens Ole Krogh                                      | 1                |                  |              | 1             | 1                  |                 |                   | 1                 | 1              | 1                | 1                | 1               | 1              | 1            |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 9              |                    |
| Jens Peder Jørgensen                                | 1                |                  | 1            |               | 1                  |                 | 1                 | 1                 | 1              | 1                | 1                |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 8              |                    |
| Jesper N Knudsen                                    |                  |                  |              |               | 1                  |                 | 1                 |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 2              |                    |
| Jonna Jørgensen                                     |                  |                  |              | 1             |                    |                 |                   |                   | 1              | 1                | 1                |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 4              |                    |
| Jørgen Pedersen                                     |                  |                  |              |               | 1                  |                 |                   |                   |                | 1                | 1                |                 | 1              | 1            |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 6              |                    |
| Kaj Kaspersen                                       | 1                |                  | 1            | 1             | 1                  | 1               | 1                 | 1                 |                |                  | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 12             |                    |
| Karl Gammelvind                                     |                  |                  |              | 1             |                    |                 |                   |                   | 1              | 1                |                  |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 4              |                    |
| Ken Sivebæk Kousgaard                               |                  | 1                | 1            | 1             | 1                  | 1               |                   | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 13             |                    |
| Kenn Heldgaard Kristensen                           | 1                | 1                | 1            | 1             | 1                  | 1               | 1                 |                   | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 14             |                    |
| Kim Gottlieb                                        | 1                | 1                |              | 1             |                    |                 |                   |                   |                |                  |                  |                 |                |              | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Kirstine R. Rasmussen                               |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Knud Erik Klode                                     | 1                | 1                |              |               |                    | 1               |                   |                   |                |                  | 1                |                 | 1              | 1            |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 7              |                    |
| Lars Klode                                          |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Lars Mikkelsen                                      | 1                |                  |              | 1             | 1                  |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 3              |                    |
| Lars-Ole Kopp                                       |                  | 1                |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Leif B. Nielsen                                     |                  |                  |              |               |                    |                 |                   |                   |                |                  | 1                |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Leif Rønn Olsen                                     | 1                | 1                | 1            | 1             | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              | 1                  |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 15             |                    |
| Lene M. Andersen                                    |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Lene Nygaard                                        |                  |                  |              |               | 1                  |                 |                   |                   |                | 1                | 1                | 1               | 1              | 1            |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Lucia Aagaard                                       | 1                |                  | 1            | 1             | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              | 1                  |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 13             |                    |
| Mads Andreassen                                     |                  |                  | 1            |               |                    |                 |                   | 1                 | 1              |                  | 1                |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Mads Kruse Juhl                                     | 1                |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Mathias Kristensen                                  |                  |                  |              |               |                    |                 |                   | 1                 |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Michael Mogensen                                    | 1                |                  |              |               | 1                  | 1               |                   | 1                 | 1              | 1                |                  | 1               |                |              |              | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 8              |                    |
| Mogens Hald                                         |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Morten G. Johannesen                                |                  |                  |              | 1             |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Morten Christensen                                  | 1                | 1                | 1            | 1             | 1                  | 1               | 1                 |                   | 1              | 1                | 1                | 1               | 1              |              | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 13             |                    |
| Nicki Eriksen                                       |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 0              |                    |
| Paw Søndergaard Sørensen                            |                  |                  |              |               | 1                  | 1               | 1                 |                   | 1              | 1                |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Poul Erik Bertelsen                                 |                  |                  |              | 1             |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Ronja Hilmand                                       | 1                | 1                | 1            | 1             | 1                  | 1               |                   | 1                 |                | 1                | 1                | 1               | 1              |              | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 11             |                    |
| Rudi Pedersen                                       |                  |                  |              |               |                    |                 |                   | 1                 | 1              | 1                |                  |                 |                | 1            | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Stine Taudal Søndergaard                            |                  |                  |              | 1             |                    |                 |                   |                   |                |                  |                  |                 |                |              | 1            |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 2              |                    |
| Susanne Kristensen                                  | 1                | 1                | 1            | 1             | 1                  | 1               |                   |                   | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 11             |                    |
| Svend Erik Hedevang                                 |                  |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 | 1              |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Søren Chr. S. Andersen                              |                  |                  |              | 1             | 1                  |                 |                   | 1                 | 1              | 1                | 1                | 1               | 1              |              | 1            | 1              | 1                  |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Søren Søgaard Nielsen                               | 1                | 1                | 1            | 1             | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              | 1            | 1            | 1              | 1                  |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 15             |                    |
| Torben Hansen                                       |                  |                  |              | 1             |                    | 1               | 1                 | 1                 | 1              | 1                |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Torben Isen                                         | 1                | 1                |              |               | 1                  | 1               | 1                 | 1                 | 1              | 1                | 1                | 1               | 1              |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 10             |                    |
| Torben Schou                                        |                  |                  |              |               |                    |                 |                   |                   |                | 1                |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 1              |                    |
| Tove Jessen                                         |                  |                  | 1            |               |                    | 1               |                   |                   | 1              |                  |                  |                 |                |              | 1            | 1              |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    | 5              |                    |
| Uffe Weiglin                                        | 1                |                  |              |               |                    |                 |                   |                   |                |                  |                  |                 |                |              |              |                |                    |                   |               |                |                 |                    |                   |                       |                      |                  |                      |                    |                |                    |